



Providence Living

Honouring every life story

Designing for Dementia: Building to Ensure a Day Well Lived

Providence Living At The Views

Comox, British Columbia

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Where we are



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Where we aim to be



The Basics



Who?

- Publicly subsidized care for anyone 18 or older meeting MOH Eligibility

What?

- 156 bed LTC home consisting of 13 self contained households made up of 12 single occupancy Bedrooms
- Utilizing a social-relational model of care versus task driven staff centric
- Opportunities to bring the community and children into the space
- Strong partnership with indigenous community

When?

- Occupancy summer 2024

Where?

- Comox British Columbia
- 14 Acre site of retired acute care hospital

Partners?

- BC MOH and Island Health, BC Housing, Providence Health, Field & Martin Design Consultants, Lark Construction, Comox Valley Healthcare & St. Paul's Foundation's.

Building Overview



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Room	Description
Private Resident Rooms with 3 Piece Ensuite	Around 260 square feet with washroom
Resident Bathrooms	Around 60 square feet with shower, toilet and vanity
Spa	one for every two 12 room household
Communal House Kitchen & laundry	Allows residents independent access to food prep and laundry
Commercial laundry	For non-personal heavy linens
Commercial Kitchen	Large central kitchen for warm food to be served on site
Bistro with view patio	Casual dining for residents and visitors
Community Hall	Large enough to host community events
Wellness Centre	Has activity equipment looking out over the ocean
ADP	Retaining current ADP program
Chapel	Central chapel in the courtyard
Indigenous Big House	Central big house in the courtyard
Enclosed Courtyard and Balconies	Several balconies and courtyard almost an acre







Design Considerations

Issue	Impact
Geo technical & existing buildings challenges	Building position and size smaller than hoped reduced outdoor space
Regulatory Guidelines	Hallway widths prescribed reduced resident rooms
COVID	Additional staff space required for outbreak management reduced resident common space
Commercial Laundry & Kitchen	Not confident that given staff changes required that all food delivery and Laundry support could be managed in household
Grocery Store	Did not make it big enough
Bistro Kitchen	Budget did not stretch to Bistro full kitchen with fire suppression
Clients	<ul style="list-style-type: none">• 60% Have a Dementia. Remainder have physical Frailty.• Client mix largely dictated by Health Authority
Out door walkways not covered	Deliberate choice. Forces staff to support residents to dress for elements to reach common area spaces like Bistro
No Nurses station	Nurses will act as community nurses: Visit household with laptop and equipment bag; meds stored in secure cupboards on site

Floorplan



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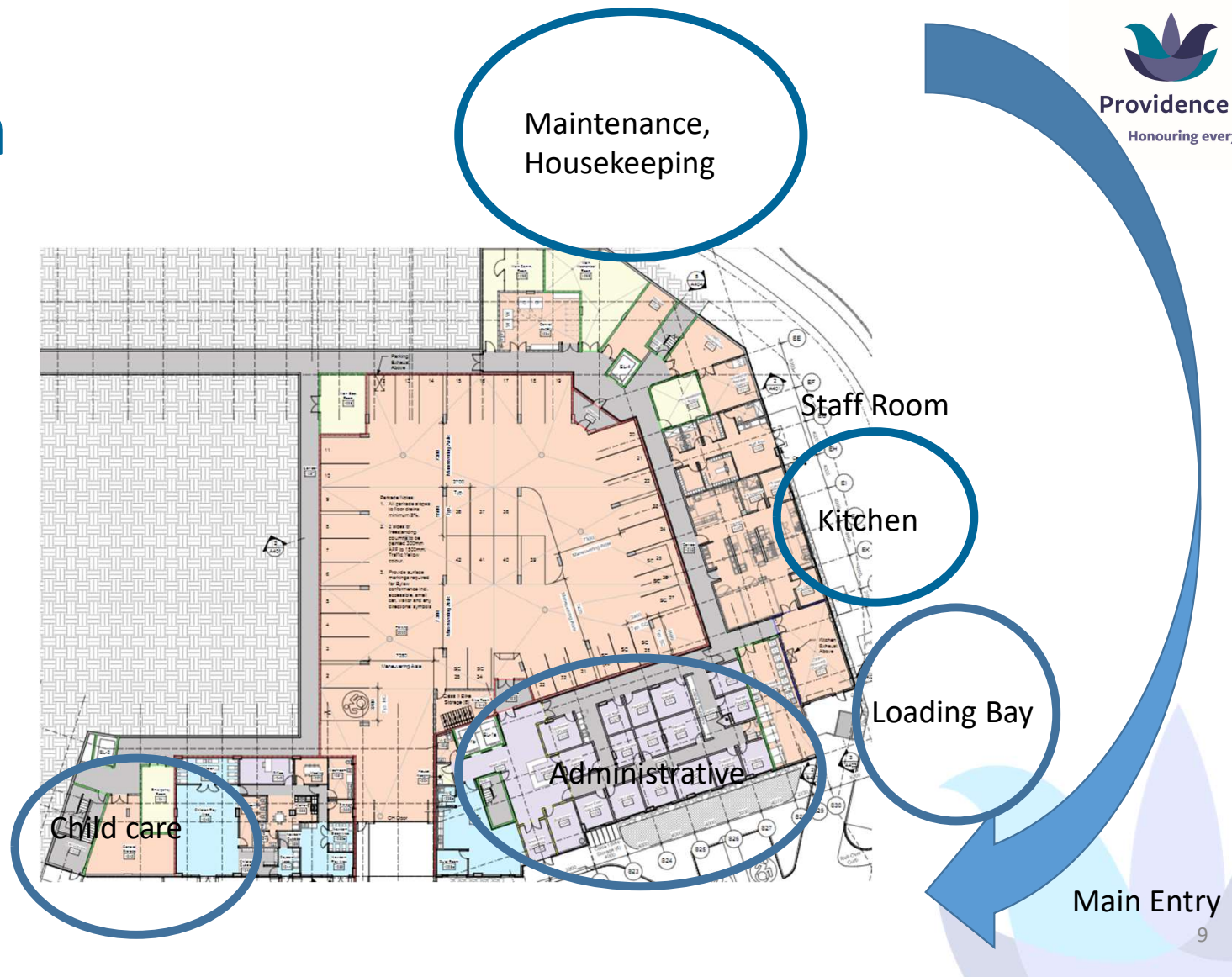


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Floorplan



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Children's play



Central plaza



Town square



Boardwalk

Inner Courtyard



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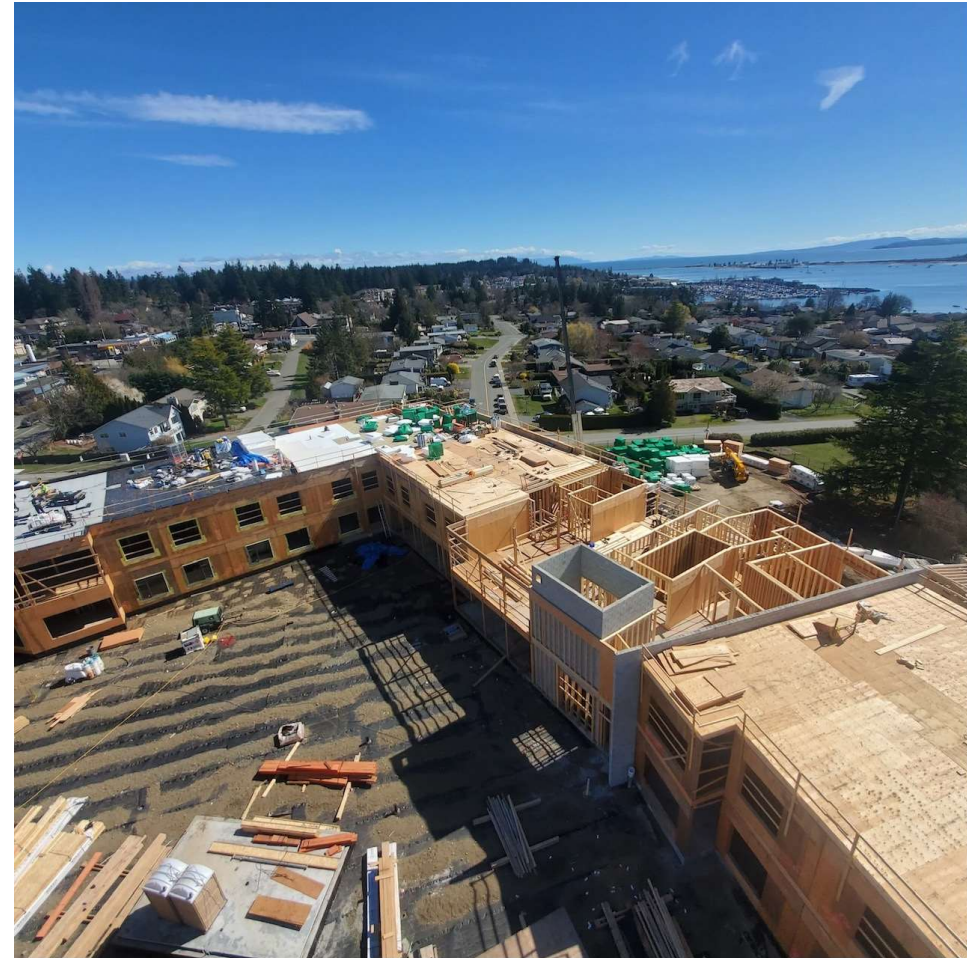
Inner Courtyard



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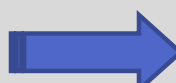
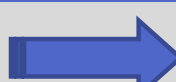
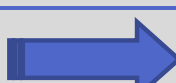
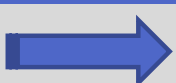




A New Building is Half the Change



Moving from an Institutional to a Social/Relational model of care

Domaine	Institutional Model		Social/Relational Model
Primary Focus	Focus on Care		Focus on Living (and Care)
Resident/Team Routines	Scheduled Routines		Flexible Routines
Team Assignments	Team Members Rotate		Team Members Assist Same Residents
Decision-Making	Decisions for Residents		Decisions with Residents
Physical Environment	Environment = Workplace		Environment = Home
Activities	Structured		Planned, Flexible, Spontaneous
Department Structure	Hierarchical Departments		Collaborative Teams
Relationships	Team Members Care for Residents		Mutual Relationships
Sense of Community	Us and Them		Community

Providence Approach with the de Hogeweyk 7 Pillars

Looking at issues from 4 points of view – the individual, home, living environment and organization/process

Favorable Surroundings

- Surround Residents with familiar surroundings to reduce confusion, agitation, frustration, anger and desire to leave the household

Lifestyle

- Increased choice to live the life Residents wish with people who share similar preferences, interests and values

Health

- Focus is on Resident's quality of life and their overall health (physical, mental, emotional and spiritual)

Life's Pleasures & Meaning of Life

- Residents experience a normal life – enjoying simple pleasures and supported by a diverse offering of activities and events that are easy to participate in

Formal & Informal Networks

- Formal network of professionals developed to support Residents and family (i.e. dementia care coach) and an informal network of volunteers, family and community members to support Residents, community interaction and destigmatize people living with dementia

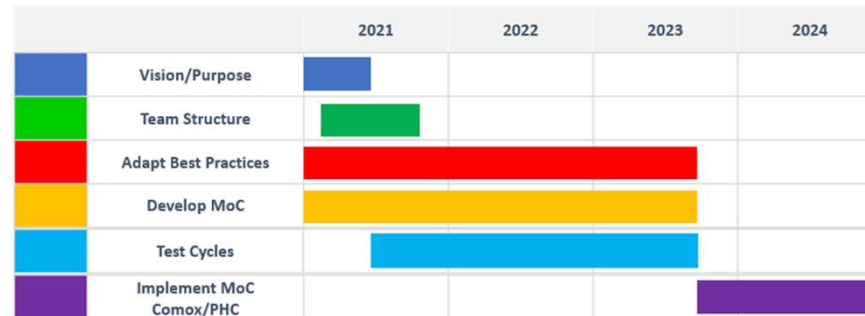
Organization

- Vision, Guiding Principles and Educational Curriculum taught to everyone and incorporated into care actions and behaviors and a staffing model that supports household living

Social Inclusion & Emancipation

- Residents feel part of a community that accepts them as they are and the community is open to the surrounding neighborhoods to share knowledge and amenities to help destigmatize people living with dementia

How Are We Doing This Work





COMOX VALLEY HEALTHCARE FOUNDATION



island health



BC Housing



**Providence
Health Care**

How you want to be treated.



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