



West Coast Conference on Aging: Aging Matters, April 21-22, 2023

## POSTER PRESENTATIONS

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**1** ***Increasing Well-being During the COVID – 19 Pandemic: The Benefit of Using At-home App-based Exercise***

Brook Lynn Haight, MSc Student, FAST Lab  
School of Kinesiology, The University of British Columbia

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**2** ***Decreasing Burnout and Caregiving Stress Among Interdisciplinary Staff in Long Term Care***

J. Puyat (UBC), K. Pott (PHC), A. Leclerc, A. Song (UBC), K. Chan (PHC), C. Bernard (PHC), C. Choi (UBC), P. Rodney (UBC)

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**3** ***Barriers to implementing communication care for people with dementia in B.C.: Expert speech pathologists' consensus***

T. Howe (UBC), K. Davies (UBC), J. Small (UBC), I. Pillay (PHC), T. Chen (PHC)

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**4** ***Advancement for Frailty Excellence***

Gilma Johnston, Clinical Nurse Education, Quality Lead Eagle Ridge Hospital,  
Fraser Health Authority

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**5** ***Using social prescribing to connect families affected by dementia to First Link® dementia support***

Sarah Eveneshen, Project Manager, Provincial Programs and Services,  
Alzheimer Society of B.C.

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**6** ***Social Prescribing: Bridging Health Care and Community Services***

Margaret Lin and Shannon Parsons, Social Prescribing Change Leads, FHA  
CARES - Community Action and Resources Empowering Seniors

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**7** ***City of Richmond Seniors Strategy 2022 – 2032***

Anthony L. Kupferschmidt, Program Lead, Seniors  
City of Richmond

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**8** ***Goals of Care and Advance Care Planning Documentation***

Jenica Burns, RN, BSN  
Palliative Care Nurse/Patient Educator, Long Term Care  
Palliative Outreach and Consult Team, Providence Health Care

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**9** ***Unintended consequences of pandemic management strategies on residents and family in one long-term care home in British Columbia***

Sabina Staempfli  
PhD Student and Research Assistant, University of British Columbia

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**10** ***Food - Medicine for the Soul. If Food is Medicine, How Can We Improve the Food Experience for LTC Residents?***

**Holy Family Hospital Long Term Care Food Quality Improvement Project**

E.M. Wong MD, CCFP-EM, FCFP, Physician Lead PHC LTC Quality Improvement  
Co-Chair PHC LTC Quality Council

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**11** ***Quality Care Needs Quality Staff***

Saleema Dhalla, CEO, SafeCare BC

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**12** ***Flipping Stigma in Dementia: An Education Tool***

Paulina Malcolm, Research Coordinator  
Centre for Research on Personhood in Dementia, UBC