

# Aging Matters

## CONFERENCE PROGRAM

**April 21 and 22, 2023**

**West Coast Conference on Aging – In person and virtual**



**DAY  
1**

### DAY 1 – APRIL 21, 2023

#### Morning Program: 8:00 a.m. – 12:00 noon

- 8:00 a.m. Registration and Continental Breakfast
- 8:30 a.m. **Shane Pointe** – Salish Welcome
- 8:40 a.m. **Fiona Dalton** – Welcome
- 8:50 a.m. **Serge Gauthier** – New Diagnostic Tests for Persons with Cognitive Decline
- 9:30 a.m. **Eli Puterman** – Caring for the Caregivers: Promoting Exercise to Reduce Depression and Burnout in Healthcare Workers
- 10:10 a.m. **Poster Presentations and Coffee**
- 10:40 a.m. **Farinaz Havaei** – Learnings from the Pandemic to Rebuild Long Term Care
- 11:20 a.m. **Isobel Mackenzie** – Aligning Public Policy to Meet the Goals of Better Care for BC Seniors...Follow the Money
- 12:00 noon **Lunch and Poster Presentations**

#### Afternoon Program: 1:00 p.m. – 5:00 p.m.

- 1:00 p.m. **Samir Sinha** – Enabling Aging in the *Right* Place with Canada's new Long-term Care Standards
- 2:00 p.m. **Mari DeMarco** – Alzheimer's Biomarker Testing and its Value to Patients, Care Partners and Physicians
- 2:30 p.m. Concurrent sessions - select one:
- **Trevor Janz** – The Manner of our Dying: the End of Life in LTC
  - **Margaret Lin** and **Sandi Temple** – Social Prescribing: Bridging Health Care and Community Services
  - **Alex Henri-Bhargava** – Intentional Improvement of Care for Persons Living with Dementia: Incorporating the Learning Health System Model into a Memory Clinic
- 3:30 p.m. **Poster Presentations and Coffee**
- 4:00 p.m. **Serge Gauthier** – Is Dementia Preventable? (Also online for the public)
- 5:00 p.m. Acknowledgements, Concluding Comments and Evaluation for Day One



**DAY  
2**

### DAY 2 – APRIL 22, 2023

#### Morning Program: 8:00 a.m. – 12:00 noon

- 8:00 a.m. Continental Breakfast
- Welcome
- 8:30 a.m. **Davidicus Wong** – Practical Emotional Health Skills for Healthcare Professionals
- 9:15 a.m. **David Conn** – Let's Connect: Developing Clinical Guidelines for Loneliness and Social Isolation among Older Adults
- 10:00 a.m. **Poster Presentations, Networking, and Coffee**
- 10:30 a.m. **Teresa Lui-Ambrose**, and **Haakon Nygaard** – Research That Makes a Difference
- 11:30 a.m. **Mark Blandford** – Designing for Dementia: *Building* to Ensure a Day Well Lived
- 12:00 noon **Lunch and Poster Presentations**

#### Afternoon Program: 1:00 p.m. – 5:00 p.m.

- 1:00 p.m. **Carole Estabrooks** – Trauma Informed approach for LTC: Better dementia care and a more resilient workforce
- 1:45 p.m. **Habib Chaudhury** – Developing Supportive Neighbourhood Built Environments for People Living with Dementia
- 2:30 p.m. Concurrent sessions - select one:
- **Aileen Iloreta, Anita Wahl, Trevor Janz** and **Sabina Staempfli** – Leadership in LTC: Initiatives, innovations, and inspiration
  - **Dawn Hemingway, Shannon Freeman** and **Heather Cowie** – Inspiring Aging and Dementia Friendly Communities
  - **Jennifer Gibson** – A Day Well Lived: Redesigning our Approach to Care
- 3:30 p.m. **Coffee**
- 3:45 p.m. Panel: **Jen Lyle, Janet Kow** and **Katherine Paton** – Reimagining Health Care for Seniors.
- 4:30 p.m. Acknowledgements, Concluding Comments and Evaluation