



West Coast Conference on Aging: Aging Matters, April 21-22, 2023

PROGRAM - DAY 1

MORNING PROGRAM: 8:00 A.M. – 12:00 P.M. (Segal Centre)

- 8:00 a.m. Registration and Continental Breakfast
- 8:30 a.m. **Elder Dennis** – Salish Welcome
- 8:40 a.m. **Fiona Dalton** – Welcome
- 8:45 a.m. **Serge Gauthier** – New Diagnostic Tests for Persons with Cognitive Decline
- 9:30 a.m. **Eli Puterman** – Caring for the Caregivers: Promoting Exercise to Reduce Burnout in Healthcare Workers
- 10:10 a.m. **Poster Presentations and Coffee**
- 10:40 a.m. **Farinaz Havaei** – Learnings from the Pandemic to Rebuild Long Term Care
- 11:20 a.m. **Isobel Mackenzie** – Aligning Public Policy to Meet the Goals of Better Care for BC Seniors... Follow the Money

12:00 p.m. **LUNCH AND POSTER PRESENTATIONS**

AFTERNOON PROGRAM: 1:00 P.M. – 5:00 P.M.

- 1:00 p.m. **Samir Sinha** – Enabling Aging in the *Right* Place with Canada's new Long-term Care Standards
- 2:00 p.m. **Mari DeMarco** – Alzheimer's Biomarker Testing and its Value to Patients, Care Partners and Physicians
- 2:30 p.m. Concurrent sessions - select one:
- **Alex Henri-Bhargava** – Intentional Improvement of Care for Persons Living with Dementia: Incorporating the Learning Health System Model into a Memory Clinic * *Location: Segal Centre*
 - **Trevor Janz** – The Manner of our Dying: the End of Life in LTC
* *Location: 1600 Canfor Policy Room*
 - **Margaret Lin, Shannon Parsons and Mandeep Minhas** – Social Prescribing: Bridging Health Care and Community Services
* *Location: 2270 Sauder Industries Policy Room*
- 3:30 p.m. **Poster Presentations**
- 4:00 p.m. **Serge Gauthier** – Can Dementia be Prevented? (Also online for the public)
- 5:00 p.m. Acknowledgements, Concluding Comments and Evaluation for Day One



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PROGRAM - DAY 2

MORNING PROGRAM: 8:00 A.M. – 12:00 P.M. (Segal Centre)

- 8:00 a.m. Registration and Continental Breakfast
- 8:25 a.m. Welcome – Film
- 8:30 a.m. **Françoise Baylis** – *How do You Want to Be Treated?*
- 8:35 a.m. **Davidicus Wong** – Practical Emotional Health Skills for Healthcare Professionals
- 9:15 a.m. **David Conn** – Let's Connect: Developing Clinical Guidelines for Loneliness and Social Isolation among Older Adults
- 10:00 a.m. Poster Presentations, Networking, and Coffee
- 10:30 a.m. **Teresa Lui-Ambrose** and **Haakon Nygaard** – Exercise & Healthy Aging: Scientific & Individual Impact
- 11:30 a.m. **Mark Blandford** – Designing for Dementia: Building to Ensure a Day Well Lived

12:00 p.m. **LUNCH AND POSTER PRESENTATIONS**

AFTERNOON PROGRAM: 1:00 P.M. – 5:00 P.M.

- 1:00 p.m. **Carole Estabrooks** – Trauma Informed approach for LTC: Better dementia care and a more resilient workforce
- 1:45 p.m. **Habib Chaudhury** – Developing Supportive Neighbourhood Built Environments for People Living with Dementia
- 2:30 p.m. Concurrent sessions - select one:
- **Jennifer Gibson** – A Day Well Lived: Redesigning our Approach to Care
* *Location: Segal Centre*
 - **Aileen Iloreta, Anita Wahl, Trevor Janz** and **Sabina Staempfli** – Leadership in LTC: Initiatives, innovations, and inspiration
* *Location: 1600 Canfor Policy Room*
 - **Shannon Freeman** and **Heather Cowie** – Inspiring Aging and Dementia Friendly Communities
* *Location: 2270 Sauder Industries Policy Room*
- 3:45 p.m. Panel: **Jen Lyle, Janet Kow** and **Katherine Paton** – Reimagining Health Care for Seniors
- 4:30 p.m. Acknowledgements, Concluding Comments and Evaluation